



Read Psalm 139 and answer these questions.

#1 Go verse by verse and write down what this passage tells you about the relationship between God and man.

Example:

- Psalm 139:1 – God searches me and knows me
- Psalm 139:2 – He knows what I do and what I think
- Psalm 139:3 – God knows my path and is familiar with my ways (i.e. my tendencies – good and bad)

#2 What does [Psalm 139:14](#) say about the way you are made? Circle or highlight it below.

I praise you, for I am fearfully and wonderfully made. Wonderful are your works; my soul knows it very well.

Do you feel like you are a *wonderful work*?

#3 In Genesis God is introduced as **Elohim the Creator**. Genesis 1:1 says, “In the beginning God (Elohim) created the heavens and the earth.” Now if you continue reading in Genesis you see that God created man and woman. That means He created you and me. Again, what does Psalm 139:14 say about the way we are made?

Keeping that in mind, is there anything about yourself that you don't like? Perhaps it's the way you look, your abilities, the way you talk, your personality, your talent. Identify it.

Can you choose to rest in the fact that **Elohim – Creator God** – made you for His exact purpose. Would that help you think on that which is true,

honorable, just, pure, lovely, and commendable about yourself?

Let's talk about our true identity for a moment. Read [Isaiah 43:1 – 7](#).

Verse 7 is key here. It says: Whom I created for my _____, whom I formed and _____.

We were created for God's glory and that is our main purpose in life.

Glory means *to give the correct opinion or estimate of*

If our purpose is to give God glory then we need to live our lives in such a way that we do just that. We need to make sure we are giving others a correct opinion or estimate of God so that we can bring Him much glory.

What thought patterns about yourself do you need to “four-eight” in order to bring God glory?

Can you view yourself from God's eyes for just a moment? Write down what you think He sees. (Remember that God doesn't make mistakes. He has created you and only you for His purpose and glory.)

Now read Psalm 139:23-24 as a prayer asking God to show you if there is any grievous way in you. Ask Him to *try you and know your thoughts*, then ask Him to realign your thoughts about yourself to match His thoughts about you. Ask God to give you a correct view of yourself so you can have a right view of Him.

How wonderful it has been to be in the Word with you today! I look forward to tomorrow. I'll give you a hint. I'm not going to pump us up and try to give us self-esteem lessons this week. We are going to look at Jesus, and in light of who He is, we are going to see a beautiful image of ourselves. I can't wait!

Hang in there with me!!

Blessings fearfully and wonderfully made one!